

TNOA REFLECTION

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TNOA
Times

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ISSUE 6

TNOA DIGITAL
TIMES
ISSUE 4



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TNOA DIGITAL
TIMES
ISSUE 3



TNOA DIGITAL
TIMES
ISSUE 5



WWW.TNOA.INFO/TNOA-NEWSLETTER

DR. SUJATHA MOHAN
PRESIDENT (2025–2026), TNOA



TNOA OFFICE BEARERS



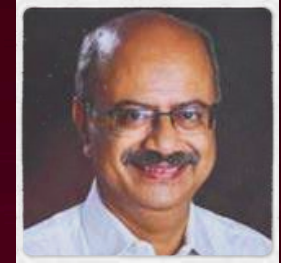
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Dr. Aadithreya Varman



**Dr. Niranjan Karthik
Senthil Kumar**

Greetings

I sincerely appreciate TNOA times for its continued efforts, dedication and meaningful contributions. Your commitment to sharing valuable information, encouraging participation and bringing people together is truly commendable



A heartfelt thank you to all the participants for active involvement and support

The spirit of teamwork and collaboration shown by everyone is deeply appreciated

Thank you all for the great participation in this important journey

Dr. V. R. Vijayaraghavan
President Elect



Dear Friends ,

Greetings



It was indeed a memorable and landmark year 2025-26, under the dynamic leadership of our President Dr.Sujatha Mohan. Starting from the immaculately conducted Conference at Puducherry, it has been an year encompassing all spheres of our association activities, enriching our members immensely.

All our enthusiastic office bearers and committee members & past Presidents have participated with full vigour.

The year long focussed planning & execution of initiatives by our president has ensured the vibrancy & camaraderie of our association.

The exemplary guidance of our President elect Dr. V. R. Vijayaraghavan sir; The administrative and academic excellence of our Dynamic, hard working Hony. Secretary Dr. D. Chandrasekar has ensured a smooth & pleasant year to cherish.

Our Finance Secretary Dr.Sriram Gopal has been working diligently – IT & GST issues and also with his inputs on insurance & related issues.

The innovative TJOSR Editor Dr. Prasanna V Ramesh has been doing a stellar role, literally a shining star with the insightful, impactful & empowering journal.

The Namma Paadasaalai initiatives, the academic fiesta – ARC CME's at Kanchipuram, Kanyakumari, Chennai, Coimbatore & more; Manthan- an academic championship for PG students, have all been a wonderfully curated gem of activities by our ever pleasant ARC Chairman, Dr. M. Ravishankar.



TNOA Digital Times has showcased our association activities beautifully – Kudos to Dr. Prasanna & Dr. Niranjan Karthik.

All in all an amazing, all encompassing year to cherish.

Looking forward to the year ahead with great enthusiasm.



Dr. V. Madhavan
Vice President, TNOA



THE GOLDEN ERA OF TNOA

It gives me immense pleasure to extend my heartfelt congratulations to the President of the Tamil Nadu Ophthalmic Association on the successful completion of an outstanding presidential year.



Your tenure has been a shining example of visionary leadership, unwavering commitment, and relentless pursuit of academic excellence. Under your stewardship, TNOA has set new benchmarks by organizing an impressive spectrum of educational, scientific, and professional development activities that have enriched every segment of the ophthalmic fraternity.

The year has been marked by high-quality state conferences, regional CMEs, surgical workshops, postgraduate teaching programs, international webinars, leadership development initiatives, and innovative sessions addressing not only clinical ophthalmology but also emerging areas such as artificial intelligence, financial planning for ophthalmologists, physician well-being, and heart health. The inclusion of inspiring programs featuring iconic institutions such as Sankara Nethralaya reflected your commitment to learning from excellence and fostering collaboration.

Your emphasis on inclusiveness through initiatives like Women in TNOA, the Digital Task Force, promotion of the Tamil language in academic activities, optometry education, and outreach programs has strengthened the Association at every level. Community-oriented initiatives including eye donation awareness, myopia screening, and public education further exemplify the social responsibility of TNOA.

One of the crowning achievements of your tenure has been bringing immense pride to the Association through national recognition, including the prestigious Best State Society Award from AIOS. This honour is a testament to your leadership and to the collective dedication of your executive committee and members.



Beyond the impressive list of activities, your presidency has inspired a culture of innovation, collaboration, and excellence. You have demonstrated that a professional society can simultaneously excel in academics, leadership development, public service, and member engagement.



On behalf of the All India Ophthalmological Society, I congratulate you and your entire team for an extraordinary year of accomplishments. Your contribution will undoubtedly leave a lasting legacy for TNOA and serve as an inspiration for ophthalmic societies across the country.

I wish you continued success in all your future endeavours and am confident that your passion and leadership will continue to enrich Indian ophthalmology for years to come.

With warm regards,

Dr. Mohan Rajan
Past President, TNOA
President Elect, All India Ophthalmological Society (AIOS)





It gives me immense pleasure to place on record my sincere appreciation for the successful completion of **TNOA TIMES**, the newsletter of the Tamil Nadu Ophthalmic Association.

TNOA TIMES was a valuable and thoughtful initiative conceptualised under the dynamic leadership of **Dr. Sujatha Mohan, President, TNOA**. The newsletter has served as an effective platform to keep our members informed about the Association's academic activities, professional achievements, organisational developments and memorable events.

I extend my special appreciation to **Dr. Prasanna Ramesh** and **Dr. Niranjan Karthik** for their exceptional commitment, creativity and meticulous efforts in bringing out the newsletter successfully. Their dedication to collecting, compiling, editing and presenting the content in an informative and attractive manner has been truly commendable.

On behalf of the Tamil Nadu Ophthalmic Association, I congratulate **Dr. Sujatha Mohan, Dr. Prasanna Ramesh, Dr. Niranjan Karthik**, and convey my heartfelt gratitude to everyone who contributed towards the successful completion of this remarkable initiative for this year.

I wish them continued success in all their future endeavours.

With warm regards and appreciation,

Dr. D. Chandrasekhar
Hon. General Secretary, TNOA



Greetings,

I have been associated with TNOA from 1977 wherein the first conference was in Trichy organised by Prof Rajasekar of Joseph Eye Hospital.



Subsequently we had a conference at GOH chennai and so on.....with other towns and cities of Tamil Nadu.

Last year has been wonderful with dynamic leadership under **Dr. Sujatha Mohan.**

She had conducted many CMEs and workshops making it lively and useful particularly to the young ophthalmologists.

The conference was the highlight of her achievements.

She was a dedicated ophthalmologist and showed sincerity in all her endeavours.

She has had able support from her team mates, the organising secretary, treasurer and others for all the accolades.

Wish TNOA all the best from Sankara Nethralaya family.

Dr. T. S. Surendran, FRCS (Edin.,)

Chairman

Sankara Nethralaya

Chennai



Editor's & Co-Editor's Note

Dear TNOA members and avid readers of TNOA Digital Times,

As we present this special edition of TNOA Times – Reflection, we pause not merely to look back, but to celebrate a remarkable journey. Over the past year, TNOA has demonstrated what a vibrant professional association can achieve when vision is matched with commitment, teamwork, and purpose. From landmark conferences and impactful academic initiatives to leadership programmes, digital engagement, research, and community outreach, every milestone has reflected the collective strength of our members.

This edition is different from our previous issues. Rather than reporting events, it captures the voices behind them. The reflections shared by our office bearers, Managing Committee members, and leaders are not merely recollections of programmes conducted, but stories of collaboration, mentorship, friendship, and service. Together, they form a lasting record of a memorable presidential tenure under the inspiring leadership of Dr. Sujatha Mohan, whose vision has left an enduring impact on our association.

For us, as Editor and Co-Editor, curating TNOA Times has been both a privilege and a responsibility. Every issue has been an opportunity to preserve the history of TNOA as it unfolded—celebrating achievements, highlighting innovation, and documenting the people who made them possible. We are deeply grateful to every contributor, photographer, reviewer, and member who supported this endeavour. Your enthusiasm transformed a newsletter into a chronicle of our association's journey.

As one chapter concludes, another begins. We hope these pages remind us that while conferences end and tenures change, the values that define TNOA—academic excellence, integrity, innovation, inclusiveness, and camaraderie—continue to inspire future generations. May this Reflection edition serve as both a tribute to an extraordinary year and an inspiration for many more to come.

With gratitude and best wishes,

Dr. Prasanna Venkatesh Ramesh
Editor, TNOA Times

Dr. Niranjan Karthik S
Co-Editor, TNOA Times





Dear President, Office Bearers, Managing Committee Members & esteemed Members of TNOA

It gives me great pleasure to submit the first Report of Tamil Nadu Ophthalmic Association - Academic Research Committee.

- The Academic Research Committee will work Cohesively and will be Inclusive to benefit every member of TNOA
- ARC will work in conjunction with all the District Societies affiliated to TNOA.
- ARC assures you that all its meetings will be quite Interesting, Informative and definitely Innovative.
- ARC will join hands and co-ordinate with all the Office Bearers and Managing Committee Members of TNOA for all its meetings.
- ARC intends and is also planned to conduct special innovative programs benefiting the Post- Graduate's, Fellows and Younger Ophthalmologists.

The ARC since the start of the tenure in August 2025 has organised **3 - three onsite CME programs and 5 online CME programs.**

Onsite CME programs

1. The first meeting was organised In **Chennai on 7 september 2025** in association with the Madras City Ophthalmological Association & International Society of Manual Small Incision Cataract Surgery with a theme **Rendezvous with cataract** wherein Interesting PG sessions, Innovative Lectures and Phaco Wet Lab was organised. Dr. Sujatha Mohan , President of TNOA was the Chief Guest, well supported by Dr. Atheek Secretary and Dr.Nivean Treasurer of MCOA. More than 120 Delegates attended the meeting.

2. The second meeting was **Thanjai Sangamam in Thanjavur on 12 OCT 2025** in association with the Thanjavur Ophthalmic Society at Aravind Eye Hospital, Thanjavur well supported by Dr.Divya Manohar our own MC Member. Dr. Sujatha Mohan, President TNOA was the Chief Guest, Dr. Baba President TOS, Dr. Raja Secretary TOS, Dr. Karthik Srinivasan Treasurer TOS, Prof. Dr. Vijayashanmugam, HOD Dept of Ophthalmology, Thanjavur Medical College, Dr. Ramesh Medical Director Mahatma Eye Hospital Tiruchirapalli were honoured during the program. It Was well attended by around 65 Delegates.



3. The Third ARC Meeting was organised on **23 Nov 2025 in Kanchipuram - Kanchi Koodal** in association with the Kanchipuram Ophthalmic Association and around 30 Delegates attended. Dr.Sujatha Mohan was the Chief Guest, Dr.V.M.Sankaran Patron, Dr. Shivakumar President, Dr.Mohan Kumar Secretary, Dr. Maya Sekar Treasurer were honoured during the meeting.



TNOA ARC Namma Paadasaalai, An Online platform for Post Graduate Training. Until now we had conducted 5 five editions, with various exam based topics including Basics to complicated case presentations – by the Post Graduates, for the Post Graduates. We had the pleasure to have Great Teachers from many Government and Private Medical Colleges and various other Ophthalmology Hospitals Institutions in Tamil Nadu. Thanks to the support and coordination of our Hon Secretary Dr.D.Chandrasekar.

The online webinars were conducted in the following dates.

1. 15 AUG 2025
2. 05 SEP 2025
3. 17 OCT 2025
4. 21 NOV 2025
5. 19 DEC 2025

Warm Regards

Yours In Service to TNOA

Dr. M. Ravishankar

Chairman- ARC





Being a part of the TNOA, it is the responsibility of each and every member of this prestigious association to help and uphold its goals, not only for the betterment of themselves but for the betterment of the Ophthalmology community as such. During my tenure as a managing committee member and currently as the joint treasurer, I have come across various leaders like Dr. Nirmal Fredrik, Dr. Ramakrishnan, Dr. Arulmozhi Verman and current president Dr. Sujatha and was by their leadership, their methods of handling crisis and their focus in keeping up their tenure's agenda.

TNOA as an association has lots of guidance from the vast experiences of mentors like Dr. Thangavelu, Dr. Siddharthan and Dr. Mohan Rajan and their strong and stubborn approach to set things back on track, in times of any deviation from the protocol. I have been in constant communication with one of my mentor Dr. Sriram Gopal in understanding the nuances of running this association and sensitivity with which one has to handle things across leadership.

In the last few years, lots of young leaders have emerged like Dr. Atheek, Dr. Ravi Shankar, Dr. Balagi, Dr. Balasubramaniam, Dr. Jayanthan, Dr. MadhanaGopal, Dr. Sharmila, Dr. Nivean, Dr. Prasana, etc. and their active participation in running this association with so much enthusiasm and determination.

Preparing the translated version of AIOS Consents was a demanding task assigned by the then President Dr. Nirmal and with his continuous encouragement and engagement and with the help of Tamil Committee, we could release TNOA Tamil Consent 1.0 in Trichy conference and 2.0 in Yelagiri Mid-year conference. Contribution of Tamil committee was immense with Dr. Selvarangam, Dr. Ramesh, Dr. Mohammed Sayee, Dr. Shanthi Selvam and Dr. John Benno. They went through each line of the consent forms and made it more compatible. This 1.0 version was further improved by the sub-speciality consultants to create the final 2.0 version which was uploaded in our TNOS website for the benefit of our members.



Being part of the TNOA Insurance committee, I feel privileged to have participated and contributed towards the insurance related matters. Organising an annual conference of TNOA is difficult in many aspects and working with Dr. J. K. Reddy and Dr. P. Sathyan during 2022 gave insights about their dynamic leadership and I thank them for giving a free hand in our area of work (Souvenir). For the upcoming conference in coimbatore, i convey my best wishes to Dr. Rodney and our secretary Dr. D. Chandrasekar. Working for TNOA and helping in best possible way is a fulfilment and I hope to continue this work in the future.



Long live TNOA! Jai Hind!

Dr. Sathian Nagamalai
Joint Treasurer, TNOA



Together towards Excellence

“Leadership, Learning and Legacy”



Serving as a Managing Committee Member of TNOA during the August 2025–July 2026 tenure has been a deeply fulfilling and memorable journey. It has been a privilege to contribute to an organization that continues to set high standards in ophthalmic education, professional development, and collegiality.

The tenure began with great enthusiasm under the vibrant leadership of our President, Dr. Sujatha Mohan, whose vision, accessibility, and commitment inspired the entire team. Complementing her leadership was the dynamic stewardship of our Honorary Secretary, Dr. D. Chandrasekar, whose meticulous planning and tireless efforts ensured the seamless execution of every academic and organizational activity. Their leadership created an environment where every office bearer and Managing Committee member felt encouraged to participate, contribute, and grow.

One of the defining strengths of this tenure was its rich academic calendar. A series of thoughtfully curated webinars featuring distinguished national and international faculty covered a wide spectrum of ophthalmology—from oculoplasty, cornea, glaucoma, cataract, and retina to financial prudence, fitness for all, practice management and emerging areas such as Artificial Intelligence in Ophthalmology and for ophthalmologists. The diversity of topics, excellent faculty participation, and active member engagement made every session intellectually stimulating and clinically relevant.

A particularly memorable experience was coordinating the TNOA ARC Meet – Villupuram Sandhippu. It was a pleasure to work alongside Dr. M. Ravishankar, ARC Chairman, Dr. Arumuga Nainar, President of VDOA, and the dedicated Villupuram team and Dr Vimala. The enthusiastic delegate participation, high-quality scientific deliberations, and the inclusion of TNMC credit points made the meeting a rewarding academic success and a wonderful example of collaborative teamwork.





I was also happy to support Dr. Prasanna in strengthening the TNOA Journal Fund, an initiative that reflects our collective commitment to promoting academic publishing and research within the association.

Another memorable responsibility was coordinating and facilitating the successful Mid-Year TNOA Meeting at Yercaud, which provided an excellent platform for scientific exchange while fostering fellowship among members from across the state.

It was equally gratifying to contribute to the AIOS–TNOA Livewire Infection Control Programme held in Chennai as part of the Infection Control Awareness Month. Under the leadership of Dr. Nirmal Fredrick, Past President of TNOA and Organising Chair of the programme, the initiative effectively reinforced the importance of infection prevention, patient safety, and quality standards in ophthalmic practice, reaching a wide audience of eye care professionals.

Beyond the scientific meetings and academic initiatives, what made this tenure truly special was the spirit of teamwork and camaraderie. Working alongside dedicated colleagues, sharing responsibilities, learning from one another, and building lasting friendships transformed every challenge into an opportunity for growth. The warmth, mutual respect, and collective commitment within the Managing Committee made every meeting and every event an enjoyable experience.

As this memorable year draws to a close, I look back with immense gratitude for the opportunity to serve TNOA. The experiences gained, friendships forged, and lessons learned will remain invaluable. I sincerely thank our President, Secretary, fellow office bearers, Managing Committee members, and every TNOA member for making this journey so meaningful.

Dr K Kavitha Lakshmi
MC Member, TNOA 2025-28





I feel truly privileged to have been a part of the Managing Committee of TNOA during 2025–2026. It has been an eventful and professionally fulfilling year for me. As the saying goes, “As you sow, so shall you reap.”

One of the highlights of the year was the publication of my first scientific article after a gap of three years in the Journal of Ophthalmic Science and Research (JOSR) titled “Nd:YAG Hyaloidotomy for Premacular Haemorrhage in Proliferative Diabetic Retinopathy.” I sincerely thank our editorial team Dr Prasanna for their constant encouragement and for inspiring members to pursue academic excellence.

Another significant milestone was inspired by our Honorable President, Dr. Sujatha Madam, whose Eye Donation Webinar motivated us to establish an Eye Retrieval Centre(a novel concept) that requires only minimal infrastructure along with a tieup with a recognized eye bank. My heartfelt thanks to all my cornea colleagues who guided and supported us throughout this initiative. The final draft and formalities are currently in progress.

The webinars conducted throughout the year were truly fascinating. I am grateful to TNOA for providing an environment that fosters learning, innovation, and collaboration. I look forward to contributing further to our association in the years ahead.

Dr. B. Koshal Ram
MC Member, TNOA 2025-28



Reminiscing on the past year of excellence of TNOA and adding musings of a professor



CHERRYCON 2025, Puducherry – Innovation Meets Opportunity for Improvement

CHERRYCON 2025 was a conference that dared to innovate. The organising committee deserves appreciation for introducing fresh ideas and delivering an academically enriching event.

Among the standout positives were the Silent Hall concept, which offered delegates the flexibility to attend multiple scientific sessions without disruption, and the Artificial Intelligence sessions, which were timely, insightful, and reflected the future direction of ophthalmology. The conference venue being within the city limits was another major advantage, making travel and accessibility convenient for all delegates.

The banquet evening was undoubtedly one of the highlights of the conference. The excellent venue, lively music, and vibrant atmosphere provided the perfect setting for delegates to unwind, reconnect with colleagues, and celebrate the spirit of fellowship that defines TNOA.

At the same time, there were areas that could be improved. The venue appeared to be undersized for the large delegate turnout. The trade exhibition halls became hot and humid, reducing the comfort of both delegates and exhibitors. Similarly, the dining area was overcrowded, with limited seating and inadequate space during peak meal times.

Overall, CHERRYCON 2025 will be remembered for its bold innovations and academic excellence. Addressing the infrastructure and space constraints will make future TNOA conferences even more enjoyable and world-class.



TNOA Mid-Year Meet, Yercaud – A Truly Unforgettable Experience



The TNOA Mid-Year Meet at Yercaud was nothing short of extraordinary. The mist-covered hills, cool breeze, and breathtaking natural beauty created a magical setting that made the conference both refreshing and memorable.

The heritage-style accommodation added a unique charm to the event, blending comfort with timeless elegance. Staying amidst such a serene environment made the entire experience even more special.

Academically, the meeting was outstanding. The scientific sessions were highly interactive, thought-provoking, and enriched by lively discussions, allowing delegates to exchange ideas freely and learn from one another. Every session reflected the commitment of TNOA to academic excellence.

What truly distinguished this conference was the remarkable participation of ophthalmologists from across the state. It was undoubtedly one of the largest and most vibrant gatherings ever witnessed at a TNOA Mid-Year Meet. The enthusiasm, fellowship, and camaraderie among colleagues created an atmosphere of warmth and belonging that extended well beyond the lecture halls.

A heartfelt appreciation to the organizing committee for their meticulous planning, flawless execution, and warm hospitality. They transformed a scientific meeting into an unforgettable celebration of learning, friendship, and togetherness.

Yercaud, with its misty charm, heritage ambience, vibrant academic sessions, and record-breaking participation, has set a new benchmark for future TNOA Mid-Year Meets.



CHERRYCON 2025, Puducherry – Innovation Meets Opportunity for Improvement



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Overall, CHERRYCON 2025 will be remembered for its bold innovations and academic excellence. Addressing the infrastructure and space constraints will make future TNOA conferences even more enjoyable and world-class.

With warm regards and a very heart felt thoughts,

Yours Sincerely

Dr. Parthiban Purushothaman

MC Member, TNOA 2025-28



Greetings



As we near the successful completion of the tenure (August 2025 – July 2026) under the vibrant leadership of **Dr. Sujatha Mohan**, it was amazing to look back at the remarkable journey we have had. She truly paved the way for exemplary leadership. A great leader is one who carries the team forward with momentum, vision, and grace—and Dr. Sujatha embodies all these qualities.

This year has been a memorable one, filled with an academic feast of conferences, competitions, webinars featuring legendary personalities, and an unmatched spirit of teamwork. She was always there to support us whenever needed, while also giving us the freedom and confidence to conceptualize and conduct programs with creativity and independence. Under her leadership, TNOA received the prestigious Best Society Award at AIOS, an achievement that every one of us will always cherish with pride.

From the very beginning of her presidency, Dr. Sujatha had a clear vision, and she transformed that vision into reality with unwavering commitment. Initiatives such as the **Visual Museum**, showcasing unique clinical photographs, and the **institutional Interview series** were innovative and stand out as signature programs of her tenure.

The Mid-Term Conference held at **Yercaud** on **10 January 2026** was another memorable milestone. It was a perfect blend of excellent academics and warm camaraderie, and it recorded the highest-ever registrations for a mid-term conference—testimony to the enthusiasm and trust she inspired.

She also guided the successful conduct of the **ARC programs** under the leadership of **Dr. Ravi Shankar**, and the **Postgraduate teaching programs** led by **Dr. Chandrasekar**, ensuring that academic excellence remained at the heart of every initiative.

While she encouraged us to learn from the dedication and wisdom of our senior stalwarts, she was equally passionate about creating opportunities for young ophthalmologists to participate, contribute, and grow. That inclusive approach has undoubtedly inspired the next generation of leaders.





It has always been inspiring to witness the tremendous contributions of Dr. Prasanna Venkatesh and Dr. Niranjana towards TJOSR and TNOA Times, whose tireless efforts have significantly enriched our academic community.

On a personal note, Dr. Sujatha is a true role model for me. She is a strong mentor who continues to stay updated clinically and surgically, setting an example through lifelong learning and excellence. Her ability to balance a demanding professional career with family responsibilities is something I deeply admire. She leads not just by words, but by example, and her dedication, humility, and tireless commitment will continue to inspire many of us for years to come.

She truly set a benchmark for leadership. A great leader is one who inspires, empowers, and carries the entire team forward with vision, momentum, and grace—and Dr. Sujatha exemplified these qualities throughout her tenure.

Thank you, Dr. Sujatha, for an unforgettable year of learning, growth, and inspiration. Your legacy will remain a benchmark for future leaders of TNOA.

Dr. Pratheeba Nivean
MC Member, TNOA 2025-28



Reflections on an Inspiring TNOA Tenure (2025–2026)



Serving as the Organizing Secretary of TNOA Conference – CherryCon 2025 has been one of the greatest privileges of my professional life. As we near the completion of this remarkable TNOA tenure, I look back with immense gratitude and pride at a year that has been vibrant, academically enriching, and truly memorable.

My heartfelt appreciation goes first to our dynamic President, Dr. Sujatha Mohan, whose visionary leadership, enthusiasm, and tireless commitment have inspired us throughout the year. My sincere thanks also to our dedicated Secretary, Dr. D. Chandrasekar, whose meticulous planning, administrative excellence, and calm leadership ensured the flawless execution of every TNOA activity. Together with the Executive Committee, they have led TNOA with innovation, inclusiveness, and academic excellence.

One of the proudest milestones of this tenure was TNOA being recognized as the Best State Ophthalmic Association in the country. This prestigious honour reflects the collective efforts of our leadership and every TNOA member, and stands as a testimony to our shared commitment to excellence in academics, professional development, research, and service.

This year has truly been a celebration of learning. The year-long Paadashala programs for postgraduate students, regular webinars for practicing ophthalmologists, and high-quality scientific sessions have ensured continuous learning for members across the state. These initiatives have enriched both young ophthalmologists and senior practitioners, making this one of the most academically vibrant years in TNOA's history.

A special word of appreciation goes to Dr. Prasanna Venkatesh, Editor of TJOSR and TNOA Times, for his outstanding contribution in strengthening the academic identity of TNOA. His dedication to scientific publications and his active involvement with YOSI have inspired many young ophthalmologists to participate in research, academics, and professional leadership.



For me personally, the highlight of this tenure was the privilege of serving as the Organizing Secretary of CherryCon 2025, hosted by the Pondicherry Ophthalmologists Association. Organizing this prestigious conference was both challenging and immensely rewarding. We were honoured to welcome nearly 1,900 ophthalmologists, over 100 trade exhibitors, and 400 industry delegates, making CherryCon one of the largest and most successful TNOA conferences in recent years.



One of the defining innovations of CherryCon was the Silent Conference concept, which enabled multiple scientific sessions to run simultaneously through wireless audio technology, offering delegates an uninterrupted and immersive academic experience. The conference also embraced a paperless, environmentally responsible approach through digital communication, USB conference badges, and sustainable conference materials. The overwhelming appreciation received from delegates was a tribute to the teamwork and dedication of the entire organizing committee, volunteers, faculty, trade partners, and the Pondicherry Ophthalmologists' Association.

I also take this opportunity to express my sincere gratitude to our previous President, Dr. Arulmozhiarman, former Secretary, Dr. Sriram Gopal, Dr. Athiek Sheik, Organizing Secretary of ChenEyeCon 2024, and their entire team. Their encouragement, guidance, and unwavering support provided a strong foundation and inspired us to build upon the success of previous conferences.

As we now look forward to the forthcoming TNOA Annual Conference at Coimbatore, I extend my warmest wishes to the Kovai organizing team. I am confident that their dedication, meticulous planning, and hospitality will make the conference another memorable milestone in the illustrious journey of TNOA.

It has been an honour to serve this wonderful association. I offer my heartfelt congratulations and sincere gratitude to Dr. Sujatha Mohan, Dr. D. Chandrasekar, Dr. Prasanna Venkatesh, the Executive Committee, and every member of the TNOA family for making 2025–2026 an award-winning and inspiring year. Together, let us continue to uphold the values of excellence, innovation, education, and compassionate service that make TNOA a model ophthalmic association for the nation.

Dr. Vanaja Vaithianathan

Organizing Secretary, TNOA Conference – CherryCon 2025

President, Pondicherry Ophthalmologists' Association



When I decided to contest the TNOA Management Committee election, it was one of the toughest decisions I had made. As a first-generation ophthalmologist in private practice, stepping into an election was something completely new. Once my nomination was filed, the journey truly began. I travelled across Tamil Nadu, meeting colleagues, seniors, and friends, seeking their support and asking for their votes. My expectation was simple—I thought I would somehow make it into the top fifteen. What happened, however, was beyond anything I had imagined. Receiving 1,016 votes was overwhelming. More than a victory, it was a reflection of the love, trust, and confidence that my colleagues had placed in me. That trust became my greatest motivation to contribute wholeheartedly to TNOA.



Serving on the Management Committee under the inspiring leadership of our President, Dr. Sujatha Mohan, and our Secretary, Dr. Chandrasekar, has been an enriching experience. Their vision, enthusiasm, and openness to new ideas created an environment where every committee member felt encouraged to participate and contribute. It truly felt like being part of a team that shared one common goal—taking TNOA to greater heights.

I am equally thankful to Dr. Prasanna V. Ramesh and Dr. Niranjan Karthik S, whose constant support, guidance, and teamwork made many of our initiatives successful. Working alongside such dedicated colleagues made every challenge enjoyable.

One of my most rewarding responsibilities was being part of the TNOA Digital Task Force. I was entrusted with managing TNOA's digital presence on Instagram and Facebook. Although an Instagram page already existed with around 1,000 followers, technical issues prevented us from retrieving access from the previous team. Rather than seeing it as a setback, we decided to build again from the ground up. Starting a new page was challenging, but through consistent efforts and regular content, we have successfully rebuilt the page to over 1,000 followers while maintaining active engagement across our social media platforms.

Among the initiatives that gave me the greatest satisfaction was Spotlight Sunday. Every week, we featured an ophthalmologist from Tamil Nadu, sharing their journey, achievements, and contributions with a carefully written profile and photographs. The response from members was overwhelming. It became more than just a weekly post—it was a way of celebrating the people who have shaped ophthalmology in our state while inspiring the next generation.



We also introduced regular interactive Instagram stories, polls, quizzes, and updates that encouraged member participation. These simple initiatives significantly increased engagement and helped us connect more closely with ophthalmologists, particularly younger members who are highly active on digital platforms.



Another initiative close to my heart was the TNOA Young Leaders Forum, organized in collaboration with YOSI. Through online academic sessions and leadership discussions, we were able to engage young ophthalmologists across Tamil Nadu. The excellent participation and positive feedback reaffirmed the importance of creating platforms that encourage young members to actively participate in the association.

Looking back, this year has been a wonderful learning experience. Beyond the meetings and programs, I have gained friendships, mentorship, and a deeper understanding of what it means to serve a professional association. Every initiative reminded me that teamwork, trust, and a shared vision can make even ambitious ideas become reality.

I sincerely thank Dr. Sujatha Mohan Madam and Dr. Chandrasekar Sir for believing in me, encouraging fresh ideas, and giving me the opportunity to contribute. Their confidence inspired me to take ownership of every responsibility entrusted to me.

As one successful TNOA tenure concludes, my own journey in the Management Committee continues. I see the past year not as a destination but as a strong foundation. The trust shown by my colleagues through the election continues to inspire me every day, and I remain committed to serving TNOA with the same enthusiasm, sincerity, and dedication over the next two years. I look forward to contributing many more meaningful initiatives and working together with my colleagues to make our association even stronger.

Dr. Vinoth Arunachalam
MC Member, TNOA 2025-28



THE FACES AND PHASES OF AGING: THROUGH AN EYE DOCTOR'S LENS

Dr K Kavitha Lakshmi

Dr KK Surgical & Paediatric Centre, Chennai

The Faces and Phases of Aging: Through an Eye Doctor's Lens

Dr. K. Kavitha Lakshmi

Ophthalmologist

Dr KK Surgical & Paediatric Centre, Chennai



“The eyes may reveal disease, but they often unveil something far deeper—the story of a life.”

For over twenty-six years, my clinic—now a hospital—has been far more than a place where vision is restored. Every consultation begins with an eye examination but often unfolds into a story of resilience, companionship, purpose, loss, and hope.

Cataracts. Glaucoma. Diabetic retinopathy.

These are merely the medical diagnoses.

Behind every pair of eyes sits a lifetime of memories, relationships, victories, disappointments, and dreams that continue well into old age.

Most of my patients are senior citizens, standing at that delicate intersection of independence and vulnerability. As I examine their retinas, measure their intraocular pressure, or discuss surgery, I often find myself listening to stories and lessons that no textbook has ever taught me.

Some remain with me long after the clinic closes.

One such couple visited me every year without fail.

They were in their late seventies and lived in a senior living community. Their children had settled abroad.



“Everything is under control, Doctor,” the husband would say with his familiar reassuring smile.

“Sugar, blood pressure... all perfect,” his wife would add, almost as though they had rehearsed it.

Their children and grandchildren were miles away. Yet there was never a trace of self-pity.

Instead, she would proudly unlock her phone.

“Look, Doctor... my granddaughter danced for me yesterday.”

A tiny screen effortlessly bridged thousands of miles. Daily video calls had transformed separation into connection. Technology, I realised, could never replace a hug—but it could soften the distance.

Years later, she returned with a different complaint.

“Doctor, something is floating in front of my eye... little shadows.”

As I examined her retina, the diagnosis became clear—vitreous haemorrhage.

Fortunately, it responded well to conservative management and retina laser treatment. Through every visit, they faced the uncertainty together with remarkable calm. They reminded me that resilience is often quiet.

Her husband was equally remarkable.

A retired senior executive and respected community leader, he carried himself with confidence. His reassuring presence filled every room he entered.

Then, one morning, he walked into my consultation room alone.

Even before he spoke, something felt different.



The walking stick.

The slight limp.

The unshaven face.

The neatly dressed gentleman I had known for years now appeared withdrawn, almost diminished.

“Doctor...” he began softly.

“The lines on the calendar... they have become zig-zag.”

As I looked through the slit lamp and later reviewed his macula, the diagnosis pointed towards age-related macular degeneration.

But another question lingered in my mind.

“Where is Madam today?”

He stared into silence.

His lips quivered.

“I lost her...”

After a long pause, he whispered,

“How could she leave me first?”

In that moment, I realised grief had blurred his world far more profoundly than macular degeneration ever could.



We began intravitreal injections.

Every visit ended with the same question.

“Will I be able to read again, Doctor?”

I would smile.

“You may not read exactly as before—but we’ll help you read enough to enjoy life again.”

Gradually, his vision improved.

More importantly, so did his spirit.

One day he walked in with excitement.

“My son has called me to Hyderabad. The grandchildren are waiting.”

I was genuinely happy for him. Perhaps a new chapter had begun.

Nearly nine months later, he returned.

“I’ve come back,” he said.

“So soon?” I asked.

He smiled gently.

“I missed my friends.”

“My morning walking group.”



“The couple next door.”

“We sing old songs together... I hum... he whistles.”

Then he looked away.

“My son is busy. My grandchildren are busy too. That’s life.”

He paused before adding quietly,

“Sometimes there wasn’t even someone to ask whether I had eaten.”

Birthdays had become messages.

Conversations had become notifications.

Love was never absent—but companionship was.

That day, I realised something profound.

Growing old is not merely about where we live.

Not every story in my consultation room carries the weight of grief.

Some leave me smiling long after the patient has gone.

One such patient was a retired cricket umpire.

Every visit began with the same infectious enthusiasm.



“Doctor! Life is like cricket—you have to play every ball!”

He spoke about his morning walks with his wife, dropping his granddaughter to school, and keeping himself physically active.

One day, before leaving my room, he handed me two tickets.

“You spend your days helping others see better. Today, you must enjoy the game instead!”

His warmth was infectious. Watching that match at the M. A. Chidambaram Stadium, I realised that good health is not merely measured in years, but in the joy we bring into the lives of others.

Then there was another couple who inspired me in a completely different way.

He had a previous history of optic neuritis and a strong family history of dementia.

Every time I called him into my room, he would close the book he was reading.

“Sudoku today, Doctor,” he would smile.

“Yesterday it was a crossword. The brain needs exercise too.”

His wife would look up from her mobile phone with a grin.

“I play Scrabble online. I’m beating people half my age!”

“So, who wins?” I once asked.

“I do,” she laughed. “He forgets words sometimes—but I don’t!”



They were not trying to stop aging.

They were preparing for it.

Keeping their minds active had become part of their daily routine, approached with discipline, humour and optimism.

Then came Visalakshi Paati.

Ninety-one years old.

The mother of ten.

She never came alone.

Every visit brought a new introduction.

“Doctor, today this granddaughter has come from Delhi.”

“The next one is from Kumbakonam.”

“This grandson has flown in from Dubai.”

“And she... from Singapore.”

Each introduction came with unmistakable pride.

One afternoon, unable to resist my curiosity, I asked,

“Paati, how do you remember everyone’s names?”



She laughed heartily.

“How can I forget? They are my world!”

Her purpose was unmistakable. She celebrated every child, grandchild and great-grandchild with equal enthusiasm. Looking at her, I often thought of the Japanese concept of Ikigai—a reason to wake up each morning. For Visalakshi Paati, family was not simply part of life; it was the very reason she embraced it so wholeheartedly.

Then there was Mr. Raghavan.

I first met him when he was eighty-four.

“Doctor,” he said before his cataract surgery, “I want the best vision possible. No compromise.”

Twenty years later, at the remarkable age of one hundred and four, he returned.

“Just a little fine-tuning,” he smiled.

A former social activist and founder of his Residents’ Welfare Association, he had spent decades working for cleaner streets, better roads, reliable water supply and greener neighbourhoods.

We planted trees for the next generation,” he told me proudly.

Over the years he had referred countless patients to me.

“Go to my doctor,” he would tell everyone.

That day, however, he had a different request.

“I want to read The Hindu comfortably.”



Then, with a mischievous sparkle in his eyes, he asked,
“Can you put another multifocal lens? I don’t want spectacles.”

At one hundred and four, he was still curious, well informed and actively following current affairs.

“Politics keeps my brain alive,” he said.

His enthusiasm reminded me that curiosity has no retirement age.

Another patient, a retired headmaster in his nineties, taught me a quieter lesson.

His appointments were always systematic.

“Intraocular pressure checked?”

“Visual fields done?”

Everything was orderly.

Yet what touched me most was not his discipline.

It was his kindness.

Before leaving, he would ask our nurses,

“Meena, how did your daughter’s examinations go?”

“Priya, you were studying further. How is the course progressing?”

He remembered every conversation.



He celebrated every milestone.

The affection our staff had for him was genuine.

Respect, when given sincerely, always returns many times over.

Finally, there were my favourite trio—my “Three Musketeers.”

Three women in their eighties.

Independent.

Tech-savvy.

Full of laughter.

One afternoon they cheerfully informed me,

“Doctor, we loved your coffee vending machine—but perhaps the coffee could be a little stronger!”

Then came another update.

“We booked our auto ourselves.”

“We ordered everything online.”

“When she needed eye drops, we took turns helping her.”

They travelled together, visited temples, attended concerts, laughed over old memories and celebrated birthdays with the excitement of college students.



“We were busy raising families then,” one of them told me.

“Now we are enjoying our second youth.”

Watching them, I realised that growing older need not mean growing lonely.

Sometimes, friendship itself becomes family.

Over the years, I have come to realise that my patients have taught me lessons no textbook ever could.

As Atul Gawande so eloquently writes in *Being Mortal*, medicine is not merely about adding years to life, but about adding life to those years. The question is not simply, “What more can we do?” but rather, “What matters most to this person?”

For some, it is the ability to read the morning newspaper.

For others, it is recognising the faces of their grandchildren, solving a crossword, singing with friends, or walking independently to the neighbourhood park.

Health is not measured only by blood sugar levels, blood pressure, or intraocular pressure. It is equally defined by purpose, companionship, dignity, and belonging.

Ageing has also taught me another important truth.

Children may live thousands of miles away, because the world has changed. Careers take them across continents, and responsibilities leave little room for time. Technology can bridge distances, but it cannot always replace presence.

That is why friendships, supportive communities, and meaningful social connections become increasingly important with age. Emotional, social, physical, and financial independence are perhaps the greatest investments we can make— not just for retirement, but for life itself.



This often reminds me of the Japanese concept of Ikigai—the reason to wake up every morning.

In Ogimi, a village renowned for the longevity of its people, individuals remain active because they continue to live with purpose. Equally important is the concept of Moai—small circles of trusted friends who support one another through every stage of life.

In many ways, I see echoes of this spirit within our own ophthalmic fraternity. Through TNOA and our district ophthalmic associations, including TOS, IMA and many others across the state, we gather primarily for scientific learning, but we leave with something far more valuable—friendships, mentorship, encouragement, and a sense of belonging. These professional communities enrich our careers today and, perhaps one day, will become the support systems that enrich our lives beyond clinical practice.

As ophthalmologists, we spend our lives restoring vision.

Yet our patients often help us see more clearly than we help them.

They remind us that resilience is quiet.

That curiosity has no age limit.

That purpose keeps the mind alive.

That friendship can be as healing as family.

And that dignity is one of the greatest gifts we can preserve.

As I reflect on these remarkable individuals, I often find myself asking a few simple questions—not only as a doctor, but as a fellow traveller on the same journey.

Are we preparing only for a successful career, or also for a meaningful life beyond it?



Are we investing only in wealth, or also in relationships?

Will we remain curious like Mr. Raghavan?

Mentally agile like the Sudoku couple?

Rooted like Visalakshi Paati?

Joyful like my Three Musketeers?

Or generous in spirit like the retired headmaster who remembered everyone's story?

One day, the chair across the consultation table may no longer be occupied by our patients.

It may be occupied by me. Or by you.

When that day comes, we may ask for clearer vision.

But perhaps what we will seek even more is a life still filled with purpose, companionship, curiosity, gratitude, and hope.

Because ageing is inevitable.

Growing old well is intentional.

And the choices that shape that journey begin long before the first grey hair, the first cataract, or the first pair of reading glasses.

They begin today.

All patient names and identifying details have been changed to protect confidentiality.



TNOA
ACTIVITIES
JUNE - JULY 2026

Date : 29-05-2026

Webinar : Refraction Masterclass for Postgraduates

The screenshot shows a Zoom webinar interface. The main content area displays a presentation slide with the title "Basics of refraction & Subjective refraction" and the speaker's name "Dr (Capt) V.R.Vijayaraghavan". The slide is presented in a WPS PDF editor window. The Zoom interface includes a video feed of the speaker, a toolbar with various editing tools, and a YouTube player overlay at the bottom. The YouTube player shows the video title "TNOA Webinar - Refraction Masterclass for Postgraduates" and the channel "Tamil Nadu Ophthalmic Association".

Basics of refraction
&
Subjective refraction

Dr (Capt) V.R.Vijayaraghavan

TNOA Webinar - Refraction Masterclass for Postgraduates
Tamil Nadu Ophthalmic Association
178 views · Streamed live on 29 May 2025
No description has been added to this video



Date : 12-06-2026

Webinar : TNOA ARC - Namma Paadasaalai #10

The image shows a Zoom webinar interface. At the top, there are two small video windows: one on the left showing a man (Chandrasekar D) and one on the right showing a woman (Rugmini Gopal). The main area is a white slide with the title "Cornea- Case presentation" in a large, black, serif font. Below the title, there is a horizontal line, and then the text "PRESENTER- Dr Rugmini Gopal (Second year PG) Dr Agarwal's Eye Hospital, Chennai". Below that, it says "MODERATOR- PROF Dr. K. Vasantha (Former Director and Superintendent of RIO-GOH, Chennai)". At the bottom of the slide, there is a red bar. The Zoom logo is in the bottom right corner of the slide area. Below the slide, there is a video player control bar with a play button, a volume icon, and a progress bar showing 2:58 / 1:05:05. Below the control bar, there is a dark grey bar with the text "TNOA ARC - Namma Paadasaalai #10" and a "Subscribe" button. Below that, there is a small icon of a person and the text "Tamil Nadu Ophthalmic Association 3.2K subscribers". Below that, there is a small icon of a play button and the text "78 views Streamed live on 12 Jun 2026". Below that, there is a small icon of a play button and the text "No description has been added to this video".

Chandrasekar D

Rugmini Gopal

Cornea- Case presentation

PRESENTER- Dr Rugmini Gopal (Second year PG)
Dr Agarwal's Eye Hospital, Chennai

MODERATOR- PROF Dr. K. Vasantha
(Former Director and Superintendent of RIO-GOH,
Chennai)

zoom

TNOA ARC - Namma Paadasaalai #10

Tamil Nadu Ophthalmic Association
3.2K subscribers

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78 views Streamed live on 12 Jun 2026
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Physical : TNOA ARC – விழுப்புரம் சந்திப்பு

Date : 19-06-2026

1st International Webinar : Cataract Plus: An AIOS – TNOA Collaboration

All India Ophthalmological Society
Academic & Research Committee

Tamil Nadu Ophthalmic Association

TNOA

Presents

1st International Webinar

Cataract PLUS

When Cataract is associated with other ocular disorders

Date : 19th June 2026 **Time : 07:00 - 09:00 PM (IST)**

Chairperson **Co-Chairperson** **Moderators**

Dr. Sujatha Mahan **Dr. H.M. Ravindranath** **Dr. Praveen Kumar Mahalingam** **Dr. Chaitra Jayadev**

International Speakers

Dr. Alessandro Robiolo **Prof. Dr. Mazen M. Sirjeb** **Dr. Hazem Yassin**

Topic: Phacoemulsification in Glaucoma Patients **Topic: Pentacam for Cataract Surgery** **Topic: Phacoemulsification in Corneal Disorders**

Case Presentation

Case 1: Cataract PLUS (Strabismus)

Presenter: Dr. Aarushi Salei **Expert: Dr. Subhash Dadeys**

Case 2: Cataract PLUS (Glaucoma)

Presenter: Dr. Chandni Sathian **Expert: Dr. S. Kowtha**

Case 3: Cataract PLUS (Retina)

Presenter: Dr. Peernamitha **Experts: Dr. Praveen Sahay, Dr. Devesh Kameest**

SARAAASH The Recap

Dr. Anu Malik

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Date : 28-06-2026

Physical : Masterclass on Ophthalmology Practice Development – Aravind Eye Care System





Masterclass on Ophthalmology Practice Development

A one-day intensive program exploring both the philosophy and approaches to delivering impactful and sustainable eye care.



Key topics covered

- Driving patient growth through demand generation
- Enhancing service quality, efficiency & patient experience
- Strengthening financial sustainability, profitability & cost control
- Building high-performing teams with strong HR practices & ownership

What this programme offers

- Case studies from successful practices
- Practical tools you can implement immediately
- Insights into both strategy and execution
- A balanced approach to ethical and profitable eye care

Registration Fees

3000 INR Inclusive of GST

Last Date for Registration
7th June 2026

For Enquiries

Dr. D. Chandrasekhar, Hon. Secretary, TNOA
89036 22727
A. Syed Ali, Senior Faculty, LAICO
96551 55012

[Click here to register](#)

40 Slots

28th June 2026 | Sunday

9:30 am to 5:00 pm

Classroom 4, LAICO, Aravind - Madurai

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President



Dr V R Vijayaraghava
President Elect



Dr V Madhavan
Vice President



Dr D Chandrasekhar
Hon. Secretary



Dr Sriram Gopal
Treasurer



ARAVIND EYE CARE SYSTEM



Date : 12-07-2026

Webinar : TNOA ARC Quiz Competition - MANTHAN

In collaboration with

 TNOA
Academic
Research
Committee



 INTAS
Pharmaceuticals

Presents


MANTHAN

An academic championship to churn out the brightest minds among postgraduate ophthalmology students

Designed to rigorously assess clinical thinking, diagnostic precision, evidence-based decision-making, and presentation skills.

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Date : 17-07-2026

Webinar : TNOA ARC - Namma Paadasaalai #11



TNOA ARC

Namma Paadasaalai #11

"An Online Platform for Post Graduate Training"

Friday 17th July, 26 07:30 PM to 08:30 PM

Chairpersons



Dr Sujatha Mohan
President, TNOA



Dr M Ravishankar
Chairman, TNOA ARC

Convenor



Dr D Chandrasekhar
Hon. Secretary, TNOA

Moderators



Prof K Vasantha



Prof VR Vijayaraghavan

Topics & Moderators



Cornea Case Presentation from
PSG IMSR, Coimbatore
Moderated by:
Dr K Divya



Glaucoma Case Presentation from
Mahatma Gandhi MC & RI, Puducherry
Moderated by:
Dr Rajalakshmi



Dr Sujatha Mohan
President



Dr V R Vijayaraghavan
President Elect



Dr V Madhavan
Vice President



Dr D Chandrasekhar
Hon. Secretary



Dr Sriram Gopal
Treasurer



Date : 24-07-2026

Webinar: The Dual Role: Excelling In Clinical Practice And Association Leadership

TNOA In Association With YOSI

**THE DUAL ROLE:
EXCELLING IN CLINICAL PRACTICE
AND ASSOCIATION LEADERSHIP**

Friday, 24 July 2026
07:30 PM - 08:30 PM

Balancing Patient Care With Professional Leadership :
Lessons From Those Who Have Done It Successfully

CHAIRPERSON
Dr Sujatha Mohan

CHAIRPERSON
Dr D Chandrasekhar

CO-CHAIRPERSON
Dr Karan Bhatia

CO-CHAIRPERSON
Dr Diva Kant Misra

MODERATOR
Dr Lipi Mittal

MODERATOR
Dr Niranjan Karthik

CONVENOR
Dr Prasanna V Ramesh

PANELISTS

Dr Anujeet Paul

Dr Pranesh Ravi

Dr Renuka R Habib

Dr Rolika Bansal

SPEAKER

Dr Aadithreya Varman

TNOA YOUNG LEADERS FORUM MEMBERS

Dr Aadithreya Varman

Dr Niranjan Karthik

Dr Pranesh Ravi

Dr Prasanna V Ramesh

Dr Shruthi Nishanth

Dr Vinoth Arunachalam

[CLICK HERE TO WATCH](#)

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Dr Anujeet Paul
Joint Secretary

Dr Niranjan Karthik
Joint Treasurer



Date : 26-07-2026

Mid-Year Managing Committee Meeting of All India Ophthalmological Society





Dear Members,

A TNOA delegation met the Hon'ble Minister for Health & Family Welfare, Thiru Dr K G Arunraj, IRS, and placed our concerns on the New Health Insurance Scheme (NHIS):

1. Unsustainable package rates with no inflationary revision
2. Need to adopt scientifically costed rates
3. Arbitrary degrading the hospitals to lowest grade and hurried implementation timelines
4. Infringement on clinical autonomy on the choice of procedure and patient choice of implants
5. Allowing upgrades by patient after due counselling and consent

As an interim measure, we requested that the previous scheme's package rates be continued until these issues are resolved through mutual dialogue.

The Hon'ble Minister gave us a patient hearing and assured that the matter will be looked into.

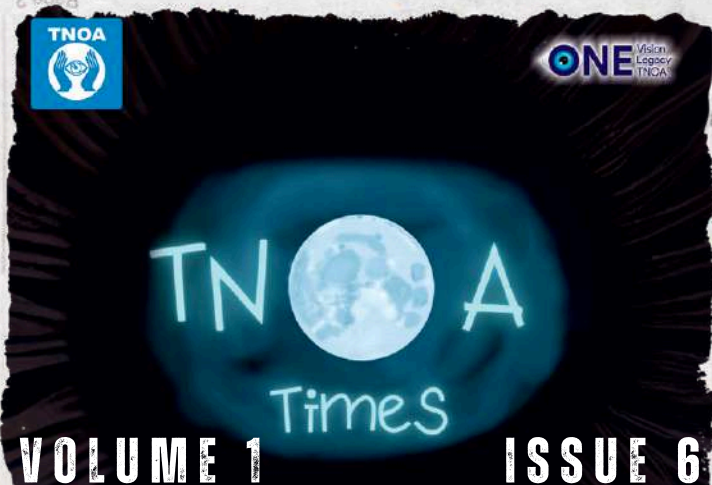
Until a fair resolution is reached, members are requested to desist from working under the current unsustainable rates and new norms.

Warm regards,
Team TNOA



TNOA REFLECTION

Dr Sujatha Mohan
President, TNOA
Dr Prasanna V Ramesh
Editor
Dr Niranjana Karthik
Co-Editor



TNOA DIGITAL
TIMES
ISSUE 3

TNOA DIGITAL
TIMES
ISSUE 4



DR SUJATHA MOHAN
PRESIDENT, TNOA

DR PRASANNA V RAMESHN
EDITOR

DR NIRANJAN KARTHIK
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